

## Mark 1:35-39 Discussion Questions

1. In the talk Simon mentions three reasons why Jesus needed to pray:

- a. To set an example
- b. Because he needed to
- c. Because it's in the nature of the Trinity

Can you think of any other reasons why Jesus may have had to pray?

2. Why do you think we sometimes struggle to pray? How might we overcome these obstacles?
3. How might you make fasting part of your regular prayer life?
4. Paul encourages us to 'pray continually' (1 Thessalonians 5:16), how might you develop a life of prayer, where you are praying continually?
5. Jesus had regular times and places where he would go to pray, what does your prayer routine look like, do you have a place where you like to pray?
6. When facing times of crisis, Jesus turned to prayer, how do you respond to times of crisis?
7. Jesus experienced unanswered prayer? What lessons might be drawn from this?
8. What other lessons can we learn from Jesus' prayer life from the Gospels?