

Psalm 139 Discussion Questions

ICE BREAKER

Who would you say knew you best growing up & who knows you best now?

What does it take to really get to know a person?

GOD KNOWS YOU (Verses 1-6)

What do verses 1-6 tell us about God?

What does God know about us?

How do you feel about God knowing you better than you know yourself?
Uncomfortable & Restricted or Comfortable & Protected? Why?

Is there anything that deep in your heart of hearts you think God might not understand about you?

What are some of the advantages of God knowing everything about you? How could this be a source of motivation in your life?

GOD WANTS YOU (Verse 7-12)

Even though we can't 'get away' from God, what do we do to sometimes hold him at a distance?

Is there any place you go, or any activity you regularly engage in that you might think gives you a 'break' from God, something he's not really a part of? If there is, what should you do about it?

GOD MADE YOU (Verses 13-16a)

According to verses 13-16a, how did God make you?

Do you ever question why God made you the way he did?

How often do you stop to consider that God has been interested in you even before you were born, and so he is intensely interested in the outcome of your life? How should knowing this shape your behaviour and decisions?

GOD HAS A PLAN FOR YOU (Verses 16b -18)

Do you believe that God has a plan for your life?

How often do you specifically pray for God to identify your areas of weakness and then provide his ways of dealing with those areas?

HATING THOSE WHO HATE GOD (Verses 19 - 22)

Why do you think David had such negative feelings about those who reject God?

What eventually gave David a more optimistic outlook?

A PRAYER FOR US ALL (Verses 23 & 24)

What is David's response to knowing God knows him, wants him, made him and has a plan for him?

Are you willing to pray that God, who knows you, wants you, made you and has a plan for you, will 'search you and know you'? And are you ready to be changed according to God's will for your life? What might this look like practically?